

Relationships Education

Our curriculum is based upon the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults. Pupils are taught about what a relationship is, what friendship is, what family means and who the people are who can support them. From their very first days in school, we support our children to establish personal space and boundaries, show respect and understand the differences between appropriate and inappropriate or unsafe physical and online contact.

Through Relationships Education, pupils are also taught about positive emotional and mental wellbeing, including how friendships can support mental wellbeing. They are provided with the knowledge they need to recognise and to report abuse, including emotional, physical and sexual abuse.

Physical health and mental wellbeing

We aim to give our pupils the information that they need to make good decisions about their own health and wellbeing. We support them to recognise what is normal and what is an issue in themselves and others and, when issues arise, know how to seek support as early as possible from appropriate sources. Physical health and mental wellbeing are interlinked, so we believe it is important that pupils understand that good physical health contributes to good mental wellbeing, and vice versa.

As part of the Moorfield Mindset, we promote pupils' self-control and ability to self-regulate, and strategies for doing so. This enables them to become confident in their ability to achieve well and persevere even when they encounter setbacks or when their goals are distant, and to respond calmly and rationally to setbacks and challenges.